



Ingredient and Sensitivity Guide

Please know that our kitchens are not allergen-free. This is a reference guide of low risk items for people with sensitivities. Trace amounts of allergens may be found in our products and those produced in outside facilities.

IMPORTANT - OUR FRYER OIL IS SHARED - PLEASE INFORM YOUR SERVER IN CASE OF SEVERE ALLERGIES*

PEANUT / TREE NUT	GLUTEN	DAIRY	FISH / SHELLFISH
STARTERS	STARTERS	STARTERS	STARTERS
ALL STARTERS	LITTLE DEVILS	HUMMUS	HUMMUS
	BURRATA & PROSCIUTTO	GARLIC SHRIMP	PIEROGI
SALADS / BOWLS	no bread	no butter on toasts	POUTINE
ALL SALADS			LITTLE DEVILS
	SALADS / BOWLS	SALADS / BOWLS	CHICKEN KARAAGE
SOUPS	FAB SALAD	GREEN SALAD	FONDUMENTALE
ALL SOUPS	CAESAR SALAD	FAB SALAD	BURRATA & PROSCIUTTO
	no pangrattata	no feta	
SANDWICHES	MEDITERREAN BOWL	KALE CAESAR	SALADS / BOWLS
ALL SANDWICHES	BUDDAH BOWL	no parmesan	GREEN SALAD
		MEDITERRANEAN BOWL	FAB SALAD
CLASSICS	SOUPS	no feta	MEDITERRANEAN BOWL
ALL CLASSICS	ALL SOUPS	BUDDHA BOWL	
	no side bread		SOUPS
SIDES		SOUPS	STRAIGHT UP TOMATO
ALL SIDES	SANDWICHES	STRAIGHT UP TOMATO	SUNSET CORN
	ALL CONTAIN GLUTEN		MUSHROOM MEDLEY
DESSERTS		SANDWICHES	
ALL DESSERTS	COMFORT FOOD	CHICKEN CAESAR	SANDWICHES
	BEEF BOURGUIGNON	no parmesan	GOOEY GRILLERS
BRUNCH	SEAFOOD POTAGE	EL CUBANO	DOS DIABLOS
ALL BRUNCH	no side bread	no cheese	EL CUBANO
	JAMBALAYA	AVO, TOMATO & BACON	AVO, TOMATO & BACON
	SIDES	COMFORT FOOD	COMFORT FOOD
	MASHED POTATOES	BEEF BOURGUIGNON	FRENCH ONION
	PARMESAN FRIES *	no mash	MAC + CHEESE
	BRUSSEL SPROUTS	JAMBALAYA	BURGOO BURGER
	QUINOA TABBOULEH	BURGOO BURGER	VEGGIE BURGER
		no cheddar	BEEF BOURGIGNION
	DESSERTS		
	CHOCOLATE MOUSSE	SIDES	SIDES
	ICE CREAM	PARMESAN FRIES	ALL SIDES
		no parmesan	
	BRUNCH	QUINOA TABBOULEH	DESSERTS
	ALL CONTAIN GLUTEN	BRUSSEL SPROUTS	ALL DESSERTS
		BRUNCH	BRUNCH
		AVOCADO TOAST	ALL BRUNCH
		no feta	

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GARLIC	ONION	SOY	EGG
STARTERS	STARTERS	STARTERS	STARTERS
PIEROGI	HUMMUS	PIEROGI	HUMMUS
POUTINE	PIEROGI	GARLIC SHRIMP	PIEROGI
BURRATA & PROSCIUTTO	GARLIC SHRIMP	no red pepper aioli	GARLIC SHRIMP
	BURRATA & PROSCIUTTO	LITTLE DEVILS	no red pepper aioli
		no basil crema	LITTLE DEVILS
SALADS / BOWLS	SALADS / BOWLS	BURRATA & PROSCIUTTO	no basil crema
FAB SALAD	FAB SALAD		FONDUMENTALE
GREEN SALAD	no onion	SALADS / BOWLS	BURRATA & PROSCIUTTO
BUDDHA BOWL	sub balsamic / olive oil	GREEN SALAD	
no miso glaze		FAB SALAD	SALADS / BOWLS
		KALE CAESAR	GREEN SALAD
SANDWICHES	SANDWICHES	MEDITERRANEAN BOWL	FAB SALAD
GOOEY GRILLERS	GOOEY GRILLERS		MEDITERRANEAN BOWL
AVOCADO, TOM & BACON	AVOCADO, TOM & BACON	SOUPS	BUDDHA BOWL
CHICKEN CAESAR	CHICKEN CAESAR	ALL SOUPS	
no caesar dressing	no pickled red onion		SOUPS
			ALL SOUPS
COMFORT FOOD	COMFORT FOOD	SANDWICHES	
MAC + CHEESE	BURGOO BURGER	GOOEY GRILLERS	SANDWICHES
no pangratatta	no fried onion	DOS DIABLOS	GOOEY GRILLERS
BURGOO BURGER		EL CUBANO	DOS DIABLOS
no burger sauce	SIDES	no house mayo	EL CUBANO
	MASHED POTATOES	AVOCADO, TOM & BACON	no house mayo
SIDES	no chives	no house mayo	AVOCADO, TOM & BACON
BISCUITS	BISCUITS		no house mayo
MASHED POTATOES	no herb butter	COMFORT FOOD	
PARMESAN FRIES	PARMESAN FRIES	FRENCH ONION	COMFORT FOOD
no pesto mayo	BRUSSEL SPROUTS	MAC + CHEESE	FRENCH ONION
BRUSSEL SPROUTS		BEEF BOURGUIGNON	MAC + CHEESE
MINI MAC AND CHEESE	DESSERTS	JAMBALAYA	BEEF BOURGUIGNON
no breadcrumbs	ALL DESSERTS	BURGOO BURGER	JAMBALAYA
		no burger sauce	
DESSERTS	BRUNCH		
ALL DESSERTS	AVOCADO TOAST	SIDES	SIDES
	no onion or dressing on salad	BISCUITS	BISCUITS
BRUNCH	FRENCH TOAST	PARMESAN FRIES	PARMESAN FRIES
AVACADO TOAST		no pesto mayo	no pesto mayo
FRENCH TOAST		QUINOA TABBOULEH	QUINOA TABBOULEH
		BRUSSEL SPROUTS	BRUSSEL SPROUTS
		MINI MAC AND CHEESE	MINI MAC AND CHEESE
		MASHED POTATOES	MASHED POTATOES
		DESSERTS	DESSERTS
		ALL DESSERTS	CHOCOLATE MOUSSE
		BRUNCH	BRUNCH
		AVACADO TOAST	AVACADO TOAST
		FRENCH TOAST	

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VEGAN

VEGETARIAN - OVL

PESCATARIAN - OVL

STARTERS

HUMMUS

STARTERS

HUMMUS

PIEROGIES

no sausage

FONDUMENTALE

STARTERS

HUMMUS

PIEROGIES

no sausage

GARLIC SHRIMP

FONDUMENTALE

SALADS / BOWLS

GREEN SALAD

sub salad dressing

MEDITERRANEAN BOWL

no chicken, no feta

BUDDHA BOWL

no salmon

SALADS / BOWLS

GREEN SALAD

MEDITERRANEAN BOWL

no chicken

BUDDHA BOWL

no salmon

SALADS / BOWLS

GREEN SALAD

MEDITERRANEAN BOWL

no chicken

BUDDHA BOWL

SANDWICHES

NOT AVAILABLE

SOUPS

STRAIGHT UP TOMATO

MUSHROOM MEDLEY

SOUPS

STRAIGHT UP TOMATO

MUSHROOM MEDLEY

CRAB BISQUE

SIDES

PARMESAN FRIES

no parmesan no mayo

BRUSSEL SPROUTS

no bacon

QUINOA TABBOULEH

SANDWICHES

GOOEY GRILLERS

SANDWICHES

GOOEY GRILLERS

COMFORT FOOD

MAC + CHEESE

VEGGIE BURGER

SEAFOOD POTAGE

no bacon

COMFORT FOOD

MAC + CHEESE

VEGGIE BURGER

SEAFOOD POTAGE

no bacon

DESSERTS

ALL CONTAIN DAIRY

SIDES

BISCUITS

PARMESAN FRIES

QUINOA TABBOULEH

BRUSSEL SPROUTS

no bacon

MINI MAC AND CHEESE

MASHED POTATOES

SIDES

BISCUITS

PARMESAN FRIES

QUINOA TABBOULEH

BRUSSEL SPROUTS

no bacon

MINI MAC AND CHEESE

MASHED POTATOES

DESSERTS

ALL DESSERTS

DESSERTS

ALL DESSERTS

BRUNCH

AVACADO TOAST

FRENCH TOAST

VEGGIE SCRAMBLE

BRUNCH

AVACADO TOAST

FRENCH TOAST

VEGGIE SCRAMBLE

F = FLOUR G = GARLIC D = DAIRY S = SEAFOOD N = NUTS *TG = TRACE GLUTEN

HUMMUS	POUTINE	LITTLE DEVILS	GARLIC SHRIMP
G D	F D	G D	G S
GARBANZO BEANS	POTATOES SALT	PEPPADEWS	PRAWNS GARLIC
TAHINI GARLIC	RICE FLOUR STARCH	GARLIC OLIVE OIL	GRAPE TOMATO
CORIANDER CUMIN	BAKING POWDER	CHEDDAR MIX	OLIVE OIL CHILI SALT
SALT PEPPER	VEGETABLE OIL	CREAM CHEESE	SMOKED PAPRIKA
CANOLA OIL	SUGAR XANTHAN GUM	PROSCIUTTO	<i>FINISH F</i>
LEMON JUICE	POUTINE GRAVY	<i>FINISH D</i>	HOUSE BREAD
<i>FINISH F</i>	CHEESE CURDS	BASIL LIME CREMA	HERB BUTTER
PAPRIKA			RED PEPPER AIOLI
OLIVE OIL	POUTINE GRAVY	BASIL LIME CREMA	LEMON PARSLEY
PARSLEY	F D	D	
FLATBREAD	FLOUR CANOLA OIL	SOUR CREAM BASIL	RED PEPPER AIOLI
	CORN STARCH ONION	MAYONNAISE SALT	G
FLATBREAD	MILK SOY CARAMEL	LIME JUICE	ROAST RED PEPPER
F D	ONION PAPRIKA		MAYONNAISE
FLOUR SOYBEAN OIL	SALT SUGAR HERBS	BURRATA AND PROSCIUTTO	LEMON JUICE
YEAST BAKING POWDER	PRESERVATIVES	F D	GARLIC CAYENNE
SUGAR SALT		FRESH BURRATA	
PRESERVATIVES	PIEROGI	PROSCIUTTO	FONDUEMENTALE
	F D G	<i>FINISH F</i>	F G D
CHICKEN KARAAGE	PIEROGI DUMPLINGS	GOLDEN FIG JAM	WHITE WINE
F G D	SMOKED SAUSAGE	HOUSE BREAD OLIVE OIL	WHITE ONION GARLIC
CHICKEN THIGH	GRAINY MUSTARD BUTTER	BASIL	WHIPPING CREAM
FLOUR OIL SUGAR	SOUR CREAM CHIVES		WHITE PEPPER SALT
SALT PEPPER SOY		BURRATA	CREAM CHEESE KIRSCH
GINGER EGG SPICES	PIEROGI DUMPLINGS	D	CORNSTARCH
CORN STARCH MILK	F D	PASTEURIZED MILK	CHEESE MIX
ONION GARLIC	FLOUR POTATO	CREAM SALT	<i>FINISH F</i>
SHORTENING	CHEDDAR VEG OIL	CITRIC ACID	CRUSTY BREAD
PRESERVATIVES	SALT ANNATTO		APPLE RED GRAPES
		GOLDEN FIG JAM	
KATSU CURRY MAYO	GRAINY MUSTARD BUTTER	FIG HONEY	PARMESAN FRIES
S	D	SUGAR PECTIN	
MAYO KETCHUP	BUTTER	CITRIC ACID	POTATOES SALT
SOY SAUCE WORCESTER	GRAINY DIJON MUSTARD		RICE FLOUR STARCH
LEMON SUGAR	MARJORAM CHIVES		BAKING POWDER
GARAM MASALA			VEGETABLE OIL
TURMERIC	SMOKED SAUSAGE		SUGAR XANTHAN GUM
	G		<i>FINISH D</i>
	PORK SALT SPICES		PARMESAN PARSLEY
	BROWN SUGAR SMOKE		PESTO MAYO
			OLIVE OIL
			PARSLEY
			PESTO MAYO
			G
			MAYONNAISE
			HOUSE PESTO
BISCUITS		QUINOA TABBOULEH	PESTO
D F	BRUSSEL SPROUTS	G	G
FLOUR	BRUSSEL SPROUTS	QUINOA	OLIVE OIL GARLIC
MARGARINE	BALSAMIC REDUCTION	PARSLEY MINT	BASIL PARSLEY
BAKING POWDER	BACON	TOMATO GARLIC	PUMPKIN SEED
CHEDDAR MIX	PARSLEY	YELLOW ONION SALT	LEMON JUICE
SALT PEPPER		LEMON OLIVE OIL	SALT PEPPER SUGAR
BUTTERMILK			
<i>FINISH D</i>			
HERB BUTTER			

F = FLOUR G = GARLIC D = DAIRY S = SEAFOOD N = NUTS *TG = TRACE GLUTEN

Note - all soups and stews are finished with vegetable stock

TOMATO SOUP	CRAB BISQUE	SUNSET CORN	MUSHROOM MEDLEY
G	G D S	G D	G D
DICED TOMATO	OLIVE OIL	CHICKEN BREAST	BUTTER ONION
ROMA TOMATO	WHITE ONION	CHIPOTLE PASTE	CELERY GARLIC
RED ONION	YAMS CELERY GARLIC	CORN ONION	BUTTON MUSHROOM
GARLIC	RED PEPPERS	GREEN ONION	WILD MUSHROOMS
TOMATO PASTE	WHITE WINE	YAMS GARLIC	WHIPPING CREAM
BROWN SUGAR	TOMATO PASTE	CHICKEN STOCK	
RED WINE VINEGAR	LOBSTER BASE	OREGANO	WHITE WINE
OLIVE OIL	FENNEL SEED	SALT CUMIN	DRY THYME
SALT PEPPER	SALT PEPPER	TURMERIC	SALT PEPPER
RED WINE	WHIPPING CREAM	WHIPPING CREAM	FRESH PARSLEY
FINISH F D	CRAB MEAT	CILANTRO	GREEN ONION
OLIVE OIL	PARSLEY BASIL	FINISH F D	TRUFFLE OIL
HOUSE BREAD	FINISH F D	CHIVES	FINISH F D
HERB BUTTER	PARSLEY	SOUR CREAM	PARSLEY
	LEMON WEDGE	LIME WEDGE	HOUSE BREAD
	HOUSE BREAD	HOUSE BREAD	HERB BUTTER
	HERB BUTTER	HERB BUTTER	

VEGETABLE STOCK

G
 CARROT CELERY ONION
 CABBAGE MUSHROOM
 GARLIC TOMATO
 SALT SUGAR SPICES
 YEAST EXTRACT
 MALTODEXTRIN

CIABATTA BREAD	HOUSE BREAD
F	F
FLOUR YEAST SALT	FLOUR YEAST SALT
CANOLA OIL	MALTED BARLEY FLOUR

GRILLED CHEESE	CHICKEN SANDWICH	EL CUBANO	AVOCADO, TOMATO & BACON
F D	F D G S	F D G	F
BUTTER	CIABATTA	CIABATTA	CIABATTA
HOUSE BREAD	PULLED CHICKEN	PULLED PORK	AVOCADO
CHEESE MIX	CAESAR DRESSING	PICKLE RELISH	BACON
CHEDDAR MIX	PARMESAN	CAPICOLLO	ROMA TOMATO
	PANGRATATTA	CHEESE MIX	FINISH F
	GREENS	FINISH F	HOUSE MAYONNAISE
	CUCUMBER	HOUSE MAYONNAISE	
	PICKLED RED ONION		

DOS DIABLOS MIX
G
CANOLA OIL
GROUND PORK
CHIPOTLE PUREE
RED WINE VINEGAR
SMOKED PAPRIKA
CHILI POWDER SALT
GARLIC POWDER
PEPPERS ONION
CREAM CHEESE
CILANTRO

CAESAR DRESSING	PICKLE RELISH	HOUSE MAYONNAISE
G S	G	
EGGS GARLIC	OLIVE OIL GARLIC	MAYONNAISE DIJON
ANCHOVY CAPERS	PICKLES GRAINY DIJON	LEMON JUICE
GREEN ONION PARSLEY	HONEY SALT	
DIJON MUSTARD		
LEMON JUICE		
WHITE WINE VINEGAR		
WORCESTERSHIRE		
OLIVE OIL VEG OIL		
PEPPER SALT		

PICKLED RED ONION
RED ONION SUGAR
APPLE CIDER VINEGAR

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KALE CAESAR	FAB SALAD	MEDITERRANEAN BOWL	BUDDHA BOWL
F G S D	D	G D	G S
KALE PANGRATATTA PARMESAN PARSLEY LEMON CAESAR DRESSING	GREENS APPLE BACON ONION PARSLEY FETA CHEESE BACON VINAIGRETTE	QUINOA TABBOULEH GREENS TOMATO PULLED CHICKEN FETA CUCUMBER RED ONION CRISPY CHICKPEAS TAHINI SAUCE	TURMERIC RICE COLESLAW MIX SESAME DRESSING MISO GLAZE CUCUMBER BAKED SALMON PICKLED RED ONION SESAME SEEDS

CAESAR DRESSING	BACON VINAIGRETTE	QUINOA TABBOULEH	COLESLAW MIX
G S		G	
EGGS GARLIC ANCHOVY CAPERS GREEN ONION PARSLEY DIJON MUSTARD LEMON JUICE WHITE WINE VINEGAR WORCESTERSHIRE OLIVE OIL VEG OIL PEPPER SALT	CANOLA OIL BACON ONION THYME PARSLEY GREEN ONION BROWN SUGAR APPLE CIDER VINEGAR APPLE JUICE SALT PEPPER	QUINOA PARSLEY MINT TOMATO GARLIC YELLOW ONION SALT LEMON OLIVE OIL	CABBAGE CARROT RED PEPPER KALE YELLOW ONION GREEN ONION

GREEN SALAD
GREENS CUCUMBER CHERRY TOMATO RED ONION PARSLEY WHITE WINE VINAIGRETTE

WHITE WINE VINAIGRETTE
WHITE WINE VINEGAR GREEN ONION PARSLEY DIJON RED ONION HONEY SALT PEPPER OLIVE OIL

CRISPY CHICKPEAS	SESAME DRESSING
GARBANZO BEANS CANOLA OIL SALT PEPPER PAPRIKA OREGANO CORIANDER	SESAME SEED SESAME OIL CANOLA OIL RICE VINEGAR CHILI FLAKES SUGAR SOY SAUCE

TAHINI SAUCE	MISO GLAZE
G	G
FRESH THYME GARLIC OLIVE OIL TAHINI APPLE CIDER VINEGAR SALT LEMON JUICE	MISO PASTE HONEY RICE VINEGAR SESAME OIL SRIRACHA* LIME JUICE

PICKLED RED ONION
RED ONION SUGAR APPLE CIDER VINEGAR

PULLED CHICKEN	BAKED SALMON
CHICKEN BREAST CHICKEN STOCK SALT BLACK PEPPER	SALMON LOIN OLIVE OIL SALT BLACK PEPPER

Note - all soups and stews are finished with light veg stock

VEGETABLE STOCK	CHICKEN STOCK	BEEF STOCK	LOBSTER BASE
G			G S
CARROT CELERY ONION CABBAGE MUSHROOM GARLIC TOMATO SALT SUGAR SPICES YEAST EXTRACT MALTODEXTRIN	CHICKEN BROTH AND FAT CORN STARCH SALT SUGAR SPICES YEAST EXTRACT CITRIC ACID	BEEF BROTH AND FAT SALT SUGAR SPICES ONION POWDER YEAST EXTRACT MALTODEXTRIN	LOBSTER TOMATO ONION GARLIC CELERY COD OIL MILK CORN MUSTARD PAPRIKA SPICES HERBS PRESERVATIVES SALT SUGAR YEAST

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MAC & CHEESE	FRENCH ONION	BURGOO BURGER	VEGGIE BURGER
D F	G	F D G	F D G
CAVATAPPI VEG OIL	ONION GARLIC	BURGER BUN	BURGER BUN
CREAM MILK ONION	RED WINE VEG OIL	BEEF SPICES SALT	VEGGIE PATTY TOMATO
NUTMEG PAPRIKA	BEEF BROTH	CHEDDAR TOMATO	CHEDDAR GREENS
SALT PEPPER	SALT PEPPER	BURGER SAUCE	BURGER SAUCE
BUTTER FLOUR	<i>FINISH F</i>	FRIED ONIONS	FRIED ONIONS PICKLES
CHEDDAR MIX	BREAD	PICKLES	
<i>FINISH</i>	CHEESE MIX		VEGGIE PATTY
CHEDDAR MIX			F D G
PANGRATTATO	CHEESE MIX	BURGER SAUCE	MUSHROOM ONION
	D	G	BROWN RICE GARLIC
PANGRATTATA	MOZZARELLA	MAYONNAISE KETCHUP	ROLLED OATS PARSLEY
F G	DOMESTIC SWISS	DIJON MUSTARD	CHEDDAR CHEESE
PANKO BREAD CRUMBS		PICKLES CAYENNE	SOY PROTIE WHEAT FLOUR
PARSLEY GARLIC	CHEDDAR MIX	GARLIC POWDER	POTATOT STARCH SALT
SALT PEPPER	D	SMOKED PAPRIKA	
OLIVE OIL	MOZZARELLA		BURGER BUNS
	EXTRA OLD CHEDDAR	FRIED ONIONS	F
		F	FLOUR SUGAR YEAST
		ONION FLOUR	VEGETABLE OIL SALT
		SUGAR SALT	MALTED BARLEY FLOUR
			RICE FLOUR EGG

JAMBALAYA	SEAFOOD POTAGE	BOURGUIGNON	MASHED POTATOES
G S F	F G D S	G	D
CHICKEN BREAST	POTATO STARCH	BEEF DICED	POTATOES SALT
SMOKED SAUSAGE	BUTTER WHITE ONION	SALT PEPPER	MILK CREAM BUTTER
VEG OIL GARLIC	CELERY GARLIC	RED WINE	POTASSIUM SORBATE
ONION CELERY	WHITE WINE	BEEF STOCK	<i>FINISH</i>
BELL PEPPERS OKRA	CLAM JUICE POTATO	CARROTS	BUTTER CHIVES
DICED TOMATOES	MARJORAM BAY LEAF	BUTTON MUSHROOM	
TOMATO PASTE	THYME BLACK PEPPER	PEARL ONIONS	
CHICKEN STOCK	BAKED SALMON SALT	CANOLA OIL	
SALT PEPPER	CLAM LEMON ZEST	WHITE ONION	
PAPRIKA THYME	CREAM PARSLEY	GARLIC CELERY	
OREGANO ALLSPICE	GREEN ONION	TOMATO PASTE	
CAYENNE	<i>FINISH F</i>	POTATO STARCH	
<i>FINISH S</i>	PARSLEY	THYME	
BASMATI RICE PRAWNS	CROUTE BREADSTICK	BAY LEAF	
HERB OIL CHIVES		PARSLEY	
	CROUTE BREADSTICK	<i>FINISH D</i>	
SMOKED SAUSAGE	F	MASHED POTATOES	
G	FLOUR YEAST SALT	BACON PARSLEY	
PORK SALT SPICES	MALTED BARLEY FLOUR	HERB OIL	
BROWN SUGAR SMOKE			

HERB OIL
CANOLA OIL SALT
BASIL PARSLEY CHIVES

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AVOCADO TOAST	VEGGIE SCRAMBLE	MEATLOVERS SCRAMBLE	CORNFLAKE FRENCH TOAST
F D	F D	F D	F D
HOUSE BREAD	SCRAMBLED EGGS	SCRAMBLED EGGS	HOUSE BREAD
AVOCADO FETA	TOMATO RED ONION	BACON CAPICOLLO	CREAM BROWN SUGAR
TAJIN CILANTRO	MIXED BELL PEPPERS	FARMERS SAUSAGE	EGG VANILLA
<i>FINISH</i>	MUSHROOMS	RED ONION TOMATO	CORNFLAKES
LIME WEDGE	<i>FINISH F G D</i>	<i>FINISH F G D</i>	<i>FINISH</i>
	BREAKFAST POTATOES	BREAKFAST POTATOES	POWDERED SUGAR
	CHIVES	CHIVES	MAPLE SYRUP
	HOUSE BREAD	HOUSE BREAD	WHIPPED CREAM
	HERB BUTTER	HERB BUTTER	

HOUSE BREAD	SCRAMBLED EGGS	BREAKFAST POTATOES
F	D	F G
FLOUR YEAST SALT	EGGS CREAM	POTATO VEG OIL
MALTED BARLEY FLOUR	SALT BLACK PEPPER	WHEAT FLOUR SALT
	BUTTER	CORN STARCH SUGAR
		CORN FLOUR SPICES
		GARLIC POWDER
		ONION POWDER PARSLEY

APPLE CRUMBLE	BANANA B PUDDING	CHOCOLATE MOUSSE	ICE CREAM
D G	F D	D	D
APPLE BUTTER	BANANA SUGAR	WHIPPING CREAM	MILK CREAM
BROWN SUGAR CREAM	FLOUR EGGS OIL	CHOCOLATE KAHLUA	SUGAR EGG YOLK
OATS BREADCRUMB	OATS MILK SALT	INSTANT COFFEE	VANILLA BEAN
CORNSTARCH	VANILLA FLAVOUR	<i>FINISH</i>	<i>FINISH</i>
CINNAMON SALT	BAKING POWDER	WHIPPED CREAM	CHOCOLATE SYRUP
<i>FINISH</i>	CREAM MILK		WHIPPED CREAM
ICE CREAM	BROWN SUGAR		
	DARK CHOCOLATE		
	<i>FINISH</i>		
	ICE CREAM		